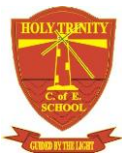




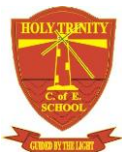
## Holy Trinity CE Primary School: Safeguarding in the curriculum.

### EYFS

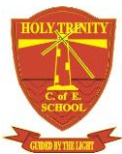
Year group	Term	Tolerance	E-Safety	Keeping safe	Keeping healthy (Including mental health/ wellbeing)	RSE
<b>Nursery</b>	<b>Term 1</b>	<ul style="list-style-type: none"> <li>• To know that some people are different from myself</li> <li>• To understand that all families are special and unique</li> <li>• How can I be a kind friend?</li> <li>• How can I demonstrate friendly behaviour towards others?</li> <li>• I can follow my school and class rules.</li> </ul>		<ul style="list-style-type: none"> <li>• Fire alarm practice.</li> <li>• Coming into school and going home routines.</li> <li>• Using the toilet safely.</li> <li>• I can ask an adult when I need help.</li> <li>• I know that hands can be used kindly and unkindly.</li> <li>• Exploring the different adults in our</li> </ul>	<ul style="list-style-type: none"> <li>• Introducing the calm corner.</li> <li>• Characteristics of effective learning.</li> <li>• Know how happiness and sadness can be expressed.</li> <li>• Beginning to explore emotions using the 'My little spot of emotion' book series.</li> <li>• Creating our own fruit faces for snack time.</li> </ul>	<ul style="list-style-type: none"> <li>• I can identify feelings associated with belonging.</li> <li>• I can begin to develop the skills needed to play co-operatively with others.</li> <li>• I know that there are lots of special people in our lives e.g., friends and family.</li> <li>• I can make comments</li> </ul>



				lives. A trusted adult makes us feel safe and happy.		about people who are special to me.
	<b>Term 2</b>	<ul style="list-style-type: none"> <li>I can develop a sense of responsibility and membership to a community.</li> <li>Learning about cultural and religious festivals e.g., Diwali, Remembrance Day, Christmas, birthdays, Hanukah.</li> <li>Visit to Gravesend Gurdwara.</li> <li>To know what being unique means.</li> <li>Know that I don't have to be the same to be a friend.</li> </ul>		<ul style="list-style-type: none"> <li>Firework safety</li> <li>I can understand why following rules and instructions will keep me safe.</li> <li>Why is listening important?</li> <li>I know different ways to stand up for myself.</li> <li>PANTS rule</li> <li>Road safety day.</li> </ul>	<ul style="list-style-type: none"> <li>Anti-bullying week.</li> <li>I know the names of different emotions e.g., happy, sad, frightened and angry.</li> <li>I can identify the things that I am good at.</li> <li>I can vocalise success.</li> </ul>	<ul style="list-style-type: none"> <li>Anti-bullying week.</li> <li>I can play cooperatively with others and take turns.</li> <li>I know why having friends is important.</li> <li>I can identify and use the skills needed to make a friend.</li> </ul>



		<ul style="list-style-type: none"> <li>• Christmas celebrations-Christingle service.</li> </ul>				
	<b>Term 3</b>	<ul style="list-style-type: none"> <li>• I know which words are kind.</li> <li>• I can recognise how kind words can encourage people.</li> <li>• The Gingerbread Man's trip around the world: Exploring different cultures.</li> <li>• Chinese New Year.</li> <li>• Ephiny.</li> </ul>	<ul style="list-style-type: none"> <li>• Safer internet day.</li> </ul>	<ul style="list-style-type: none"> <li>• PANTS rule</li> <li>• Goldilocks and The Three Little Pigs: Making wrong and right choices.</li> <li>• Road safety: Walking to the local library.</li> </ul>	<ul style="list-style-type: none"> <li>• To know what a challenge is.</li> <li>• To know that it is important to keep trying.</li> <li>• Resilience focus.</li> <li>• To recognise that some of the feelings linked to perseverance.</li> <li>• What does it mean to feel proud?</li> <li>• Trying new foods inspired by Goldilocks and the Three Bears and The Gingerbread Man.</li> </ul>	<ul style="list-style-type: none"> <li>• How do we treat people with respect and kindness-inspired by the story of Cinderella?</li> </ul>
	<b>Term 4</b>	<ul style="list-style-type: none"> <li>• Celebrating Easter.</li> </ul>		<ul style="list-style-type: none"> <li>• I can use talk to express my own ideas.</li> </ul>	<ul style="list-style-type: none"> <li>• I can express my feelings and begin to consider the</li> </ul>	<ul style="list-style-type: none"> <li>• I can demonstrate friendly</li> </ul>



				<ul style="list-style-type: none"> <li>• I know how to say no to strangers.</li> <li>• PANTS rule.</li> <li>• I know what to do if I get lost and who can help me.</li> </ul>	feelings of others. <ul style="list-style-type: none"> <li>• I know what the world healthy means.</li> <li>• I know how to keep healthy.</li> <li>• I know when I need to wash my hands.</li> <li>• I know why sleep is important.</li> </ul>	behaviour towards others and play with 1 one or more friend. <ul style="list-style-type: none"> <li>• I can name some parts of my body.</li> </ul>
	<b>Term 5</b>	<ul style="list-style-type: none"> <li>• I know that unkind words can never be taken back and they can hurt.</li> <li>• Celebrating World Autism Day.</li> <li>• Eid celebrations.</li> </ul>		<ul style="list-style-type: none"> <li>• I know the characteristics of healthy and safe friendships.</li> <li>• I know that sometimes friends fall out.</li> </ul>	<ul style="list-style-type: none"> <li>• What can I do if I am feeling lonely?</li> <li>• Farm visit: How can I stay safe around animals?</li> <li>• I can help to prepare healthy snacks.</li> <li>• I can recognise when I'm feeling angry.</li> </ul>	<ul style="list-style-type: none"> <li>• I know what a family is.</li> </ul>
	<b>Term 6</b>			<ul style="list-style-type: none"> <li>• I can listen carefully in a range of</li> </ul>	<ul style="list-style-type: none"> <li>• Preparing to move from Nursery to Reception/starting</li> </ul>	<ul style="list-style-type: none"> <li>• I know the names and functions of</li> </ul>



				<p>situations.</p> <ul style="list-style-type: none"> <li>• Sun safety</li> <li>• Water safety (on the beach)</li> <li>• I know who I can talk to if I'm feeling worried.</li> </ul>	<p>at a new school.</p> <ul style="list-style-type: none"> <li>• I know that sharing how I feel can help me to solve a worry.</li> </ul>	<p>some body parts.</p> <ul style="list-style-type: none"> <li>• I know that we grow from a baby to an adult.</li> </ul>
Reception	Term	Tolerance	E-safety	Keeping safe	Keeping healthy (Including mental health/wellbeing)	RSE
	Term 1	<ul style="list-style-type: none"> <li>• International Peace Day</li> <li>• To know that some people are different from themselves</li> <li>• Know that it is good to be kind</li> <li>• To know that all families are unique and</li> </ul>		<ul style="list-style-type: none"> <li>• Coming to school and going home from school routine</li> <li>• Learn our school and class rules and know that they help to keep us safe</li> </ul>	<ul style="list-style-type: none"> <li>• To know how happiness and sadness can be expressed</li> <li>• Characteristics of effective learning</li> <li>• To be able to consider others feelings</li> <li>• To form positive attachments to adults and</li> </ul>	<ul style="list-style-type: none"> <li>• To identify feelings associated with belonging</li> <li>• To develop the skills to play co-operatively with others</li> <li>• To discuss simple changes as</li> </ul>



special

- To know that we are all special and unique

- Toilet safety
- Fire alarm practice
- People who help us: To know who is a safe adult in our community and how they can help us
- Know that they have the right to learn and play
- Know that hands are used kindly
- To begin to explore right from wrong
- To know that some household products can be harmful.

friendships with peers

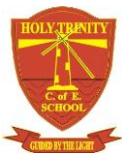
- To know that some feelings make us feel good and other can make us feel bad
- To begin to manage their basic hygiene needs independently e.g., going to the toilet and getting dressed
- To begin to regulate their feelings

they have grown from a baby

- Special people include anyone important in a person's life
- To talk about what makes them special

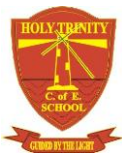


				<ul style="list-style-type: none"> <li>• Trip to the library: Road safety.</li> </ul>		
	<b>Term 2</b>	<ul style="list-style-type: none"> <li>• Remembrance Day ceremonies</li> <li>• To know that they don't have to be the same as their friend</li> <li>• To know that all families can be different</li> <li>• To know that people have different homes</li> <li>• To identify some ways that they are different and the same as others</li> <li>• Know the similarities and differences between religious and cultural celebrations</li> <li>• Christingle service</li> </ul>		<ul style="list-style-type: none"> <li>• To explore the qualities of a positive friendship</li> <li>• To know different ways to stand up for myself</li> <li>• PANTS rule</li> </ul>	<ul style="list-style-type: none"> <li>• To know the names of emotions such as happy, sad, angry and frightened</li> <li>• To know what being proud means</li> <li>• Identify things they are good at</li> <li>• To be able to vocalise success for themselves and their friends</li> </ul>	<ul style="list-style-type: none"> <li>• Anti-bullying week</li> <li>• Know different ways of making friends</li> <li>• Know why having friends is important</li> </ul>



		and nativity play				
	<b>Term 3</b>	<ul style="list-style-type: none"> <li>To know which words are kind and to use them to encourage their friends</li> </ul>	<ul style="list-style-type: none"> <li>E-safety day</li> </ul>	<ul style="list-style-type: none"> <li>To know they there is a consequence for making a wrong or right choice</li> <li>Explain why we have rules and try to follow them</li> </ul>	<ul style="list-style-type: none"> <li>To know what a challenge is</li> <li>To know that it's important to keep going when something is difficult</li> <li>To begin to develop resilience</li> <li>To recognise feelings linked to perseverance</li> <li>Select vocabulary and pictures to express themselves to others</li> </ul>	<ul style="list-style-type: none"> <li>To work and play cooperatively and take turns with others</li> <li>Cinderella: To begin to explore family relationships</li> </ul>
	<b>Term 4</b>	<ul style="list-style-type: none"> <li>Begin to show sensitivity to their own and others needs</li> <li>Easter church service</li> </ul>		<ul style="list-style-type: none"> <li>Know who to ask for help when they need it</li> <li>To listen carefully and know why listening is so</li> </ul>	<ul style="list-style-type: none"> <li>To identify their feelings socially and emotionally</li> <li>To know what the word healthy means</li> <li>Know some things they need to do to</li> </ul>	<ul style="list-style-type: none"> <li>To know the scientific names for some parts of their body</li> </ul>





				<p>important</p> <ul style="list-style-type: none"> <li>• Know how to say no to strangers</li> <li>• To know what to do if they get lost</li> <li>• To explain what to do if a stranger approaches them</li> </ul>	<p>stay healthy</p> <ul style="list-style-type: none"> <li>• To know when to wash their hands</li> <li>• To know why they need to exercise and recognise how exercise makes them feel</li> <li>• To know that sleep is good for them and different ways that can help them sleep</li> <li>• Recognise how different foods make them feel</li> </ul>	
	<b>Term 5</b>	<ul style="list-style-type: none"> <li>• To know that unkind words can never be taken back</li> <li>• World Autism Day</li> <li>• Eid celebrations</li> </ul>		<ul style="list-style-type: none"> <li>• Know the characteristics of a healthy and safe friendship</li> <li>• Know that friends fall out and explore how we can mend</li> </ul>	<ul style="list-style-type: none"> <li>• To know the strategies that can be used to calm down when they are feeling angry</li> <li>• To know why others might feel angry</li> <li>• To know the</li> </ul>	<ul style="list-style-type: none"> <li>• To explain what a family is</li> <li>• To suggest ways to help a friend who is feeling lonely</li> </ul>

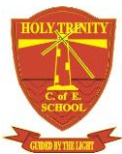


				a friendship	importance of brushing your teeth twice a day <ul style="list-style-type: none"> <li>To know that there are healthy and unhealthy foods</li> </ul>	
	<b>Term 6</b>	<ul style="list-style-type: none"> <li>To know what actions and words might upset others</li> <li>To know that it's unkind to hurt others</li> </ul>		<ul style="list-style-type: none"> <li>To know who is safe to talk to if they are feeling worried</li> <li>Beach trip: Sun safety, water safety and beach safety</li> </ul>	<ul style="list-style-type: none"> <li>To know that it can help to share a worry</li> <li>Exploring the emotions associated with changing class</li> </ul>	<ul style="list-style-type: none"> <li>To know the names and functions of some parts of the body e.g., nose, eyes, ear, mouth, arm, leg, stomach and tongue</li> <li>Talk about how we have changed since we were a baby</li> </ul>

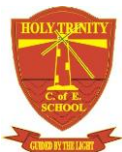


### KS1-Years 1 and 2

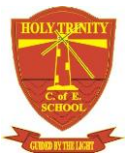
Year group	Term	Tolerance	E-Safety	Keeping safe	Keeping healthy (Including mental health/ wellbeing)	RSE
1	1	<ul style="list-style-type: none"><li>• Superhero's: What is it important to get along with</li></ul>	<ul style="list-style-type: none"><li>• Superhero's: Begin to discuss how to stay safe</li></ul>	<ul style="list-style-type: none"><li>• Understand their own rights and responsibilities</li></ul>	<ul style="list-style-type: none"><li>• Recognise feelings associated with positive and</li></ul>	<ul style="list-style-type: none"><li>• Hero people: discuss what makes a</li></ul>



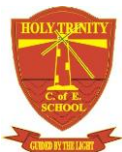
		<p>others?</p> <ul style="list-style-type: none"> <li>• International Peace Day</li> </ul>	<p>on the internet.</p> <ul style="list-style-type: none"> <li>• To know what private information is e.g., address and why it is important to keep this private</li> </ul>	<p>in the classroom</p> <ul style="list-style-type: none"> <li>• To know why there are rules and how they can keep us safe</li> <li>• Understand that their choices have consequences</li> <li>• Understand that they are safe in class</li> <li>• What is your emergency? Why is it important to listen to others?</li> <li>• PANTS rule</li> </ul>	<p>negative consequences</p> <ul style="list-style-type: none"> <li>• Understand that they are special</li> <li>• Identify what it feels like to be proud of an achievement</li> <li>• Superhero qualities: What are you good at?</li> <li>• Superfoods: To explore the basic principles of a healthy diet</li> </ul>	<p>real-life hero and who is a hero in our life.</p> <ul style="list-style-type: none"> <li>• To learn about the roles that different people play in our lives</li> </ul>
1	2	<ul style="list-style-type: none"> <li>• To know that people are unique and it's okay to be</li> </ul>	<ul style="list-style-type: none"> <li>• To learn how technology can be used</li> </ul>	<ul style="list-style-type: none"> <li>• To know what bullying means</li> </ul>	<ul style="list-style-type: none"> <li>• To understand how being</li> </ul>	<ul style="list-style-type: none"> <li>• Know the skills needed to form a</li> </ul>



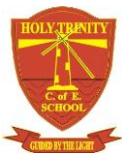
		<p>different</p> <ul style="list-style-type: none"> <li>To know that people have similarities and differences</li> <li>Remembrance Day</li> <li>Practising Portuguese: Know that some people speak different languages to themselves</li> <li>Rio De Veda: Explore a different culture through music, dance and art</li> <li>Christingle service and nativity play</li> </ul>	<p>purposefully</p>	<p>and who to tell if they are being bullied</p>	<p>bullied might feel</p> <ul style="list-style-type: none"> <li>Identify emotions associated with making a new friend</li> </ul>	<p>friendship</p> <ul style="list-style-type: none"> <li>To learn how to listen to others and to play cooperatively.</li> <li>Anti-bullying week</li> </ul>
<p><b>1</b></p>	<p><b>3</b></p>		<ul style="list-style-type: none"> <li>E-safety day</li> </ul>	<ul style="list-style-type: none"> <li>How can I stay safe in the woods?</li> </ul>	<ul style="list-style-type: none"> <li>Woodland treats: Know the principles of preparing a</li> </ul>	<ul style="list-style-type: none"> <li>A woodland party for Mr Fox: Why is it important</li> </ul>



					<p>healthy meal</p> <ul style="list-style-type: none"><li>• To recognise the things that I do well</li><li>• Recognise their own feelings when they are faced with an obstacle</li><li>• How can I store feelings of success to be used in the future?</li></ul>	<p>to get along with other people?</p> <ul style="list-style-type: none"><li>• To know how to work well with a partner</li></ul>
<b>1</b>	<b>4</b>	<ul style="list-style-type: none"><li>• Easter church service</li></ul>		<ul style="list-style-type: none"><li>• To know that medicines can be harmful if not used properly</li><li>• Road safety</li><li>• To know about</li></ul>	<ul style="list-style-type: none"><li>• Know how to make healthy lifestyle choices</li><li>• How can I look after myself when I feel poorly?</li><li>• Realise that they</li></ul>	

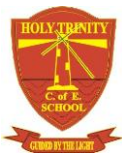


				people who can keep them safe	are special	
<b>1</b>	<b>5</b>	<ul style="list-style-type: none"><li>World Autism Day</li><li>To know that everybody's family is different</li></ul>		<ul style="list-style-type: none"><li>To recognise when they feel frightened and how to ask for help</li></ul>	<ul style="list-style-type: none"><li>Childhood: To learn about the loss and the feelings associated with it</li><li>How can I help my friend when they are feeling sad?</li></ul>	<ul style="list-style-type: none"><li>The stages of human life: Learn about growing and changing from young to old</li><li>How does it feel to be part of a family?</li></ul>

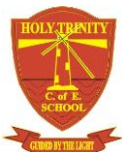


				don't like		
1	6		<ul style="list-style-type: none"> <li>Know how to retrieve digital content safely with supervision</li> </ul>			<ul style="list-style-type: none"> <li>Royal role play: Learn how to listen to other people and play cooperatively</li> <li>I can tell you how I have changed from a baby to now</li> </ul>
<b>Year Group</b>	<b>Term</b>	<b>Tolerance</b>	<b>E-safety</b>	<b>Keeping safe</b>	<b>Keeping healthy</b> (Including mental health/wellbeing)	<b>RSE</b>
2	1	<ul style="list-style-type: none"> <li>Be able to work cooperatively with others</li> <li>International Peace Day</li> </ul>	<ul style="list-style-type: none"> <li>Learn basic rules about how to stay safe online</li> <li>Begin to explore the risks of online</li> </ul>	<ul style="list-style-type: none"> <li>Understand the rights and responsibilities of a class member</li> <li>Know that it is</li> </ul>	<ul style="list-style-type: none"> <li>Understand that their own views are valuable</li> <li>Recognise the feeling of being worried</li> </ul>	<ul style="list-style-type: none"> <li>Messy art exhibition: To recognise that not everyone feels the same way at</li> </ul>

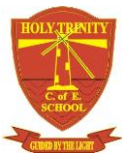




			friendships	important to listen <ul style="list-style-type: none"> <li>PANTS rule</li> <li>Dangerous liquids: How can I keep safe in my home?</li> </ul>	<ul style="list-style-type: none"> <li>Recognise their own feelings and know when and where to get help</li> <li>Melting recipes: To know about personal hygiene and germs</li> </ul>	the same time
2	2	<ul style="list-style-type: none"> <li>Know that sometimes people get bullies for being different</li> <li>Know that friends can be different and still be a friend</li> <li>Understand that everyone's differences make them unique and special</li> <li>Recognise that we shouldn't judge</li> </ul>	•	<ul style="list-style-type: none"> <li>Know where to get help if they are being bullied</li> <li>Know the difference between right and wrong</li> </ul>	<ul style="list-style-type: none"> <li>Know that it is okay not to conform to gender stereotypes</li> <li>Explore how someone might feel when they are being bullied</li> </ul>	<ul style="list-style-type: none"> <li>Anti-bullying week</li> </ul>



		<p>someone because they are different</p> <ul style="list-style-type: none"> <li>• Christingle celebration/ nativity</li> </ul>				
<b>2</b>	<b>3</b>	•	• E-safety day	<ul style="list-style-type: none"> <li>• Learn how to talk about and share their opinions</li> <li>• To know if how they are behaving is appropriate</li> </ul>	<ul style="list-style-type: none"> <li>• To recognise what it feels like to be part of a group who succeeds</li> <li>• Science: Describe what a human need to survive</li> <li>• Time to exercise: To know the importance of humans exercising</li> <li>• Time to relax: Know the importance of sleep and rest</li> <li>• Relaxation session: I can</li> </ul>	<ul style="list-style-type: none"> <li>• Know how to recognise what working together looks like</li> </ul>



					manage big feelings and know that there are lots of different feelings that humans can experience	
2	4	<ul style="list-style-type: none"> <li>Easter church service</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Beach visit: Beach, water and sun safety</li> </ul>		
	5	<ul style="list-style-type: none"> <li>World autism day</li> </ul>	<ul style="list-style-type: none"> <li>All about crustations: Know about the benefits of rationing time spent online</li> <li>Begin to explore the impact of positive and negative content online on our wellbeing</li> <li>Know the benefits of using</li> </ul>		<ul style="list-style-type: none"> <li>Know what their bodies need to stay healthy and which foods provide this</li> <li>To know what makes me feel stressed and relaxed</li> <li>Know how medicines work in their bodies</li> <li>To develop a healthy</li> </ul>	



			the internet-researching a sea creature		relationship with food	
	6			<ul style="list-style-type: none"><li>• I know that there are private parts of my body and that nobody has the right to hurt these</li><li>• Know that there are different types of touch that some are acceptable and some are unacceptable</li><li>• Be able to ask someone to stop if they feel frightened</li></ul>	<ul style="list-style-type: none"><li>• Be able to express how they feel about change</li></ul>	<ul style="list-style-type: none"><li>• The differences between the male and female body.</li><li>• Know the correct name for the external genitals</li></ul>



**Lower KS2- Years 3 and 4**

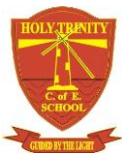
Year group	Term	Tolerance	E-Safety	Keeping safe	Keeping healthy (Including mental health/ wellbeing)	RSE
3	1	<ul style="list-style-type: none"> <li>• International Peace Day</li> <li>• Know that actions can hurt other feelings</li> <li>• Know that others may hold different views</li> </ul>	<ul style="list-style-type: none"> <li>• Urban pioneers: know that the same principles apply to online relationships as face-to-face relationships</li> <li>• Know why some social media and computer</li> </ul>	<ul style="list-style-type: none"> <li>• Know why rules are needed and how these relate to choices and consequences</li> <li>• Urban pioneers: learn</li> </ul>	<ul style="list-style-type: none"> <li>• Recognise self-worth</li> <li>• Recognise feelings of sadness, happiness, fear in themselves and others</li> <li>• Investigating sunglasses: safe</li> </ul>	



			<p>games are age restricted</p> <ul style="list-style-type: none"> <li>• Know how to recognise and report feelings of being unsafe or feeling bad about an adult</li> <li>• Know how to report concerns or abuse</li> </ul>	<p>strategies for keeping safe in the local area or unfamiliar places</p> <ul style="list-style-type: none"> <li>• Learn how to recognise pressure from others to do something unsafe and how to manage this</li> <li>• Learn where to report concerns if they are worried about their safety</li> </ul>	<p>and unsafe sun exposure</p>	
	<b>2</b>	<ul style="list-style-type: none"> <li>• Anti-bullying week</li> <li>• Know that all</li> </ul>		<ul style="list-style-type: none"> <li>• Know what it means to be a whiteness to bullying</li> </ul>	<ul style="list-style-type: none"> <li>• Use the solve it technique to help calm down an</li> </ul>	<ul style="list-style-type: none"> <li>• Know that conflict is a normal part of a</li> </ul>

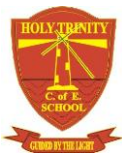


		<p>families are different</p> <ul style="list-style-type: none"> <li>Nativity and Christingle service</li> </ul>		<p>and what they can do to help</p>	<p>argument</p> <ul style="list-style-type: none"> <li>Be able to recognise, accept and give complements</li> <li>Heroes and Villains: To recognise that feelings can change over time and in intensity</li> <li>Know how to recognise and talk about their emotions</li> <li>Learn strategies to respond to intense and conflicting feelings</li> </ul>	<p>relationship</p> <ul style="list-style-type: none"> <li>Know that sometimes family members don't get along and there are reasons for this</li> <li>Know how isolation and loneliness can affect children</li> <li>Hero's and affect strategies to reconcile differences</li> </ul>
	<b>3</b>		<ul style="list-style-type: none"> <li>E-safety day</li> </ul>		<ul style="list-style-type: none"> <li>To manage feelings linked to frustration</li> </ul>	

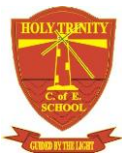


	<b>4</b>	<ul style="list-style-type: none"> <li>Easter church service</li> </ul>	<ul style="list-style-type: none"> <li>Online communication - being respectful and responsible.</li> <li>Appropriate searching</li> </ul>	<ul style="list-style-type: none"> <li>River visit: How to stay safe around water</li> <li>Jigsaw: Know that there are different types of drugs</li> <li>Jigsaw: Know that there are things, people and places that can be dangerous.</li> <li>Jigsaw: Know when something feels safe or unsafe</li> </ul>	<ul style="list-style-type: none"> <li>Flow: Learn to recognise their own personal qualities and positive things about themselves</li> <li>Jigsaw: Know how exercise effects their body</li> <li>Jigsaw: To begin to respect their own bodies</li> <li>Jigsaw: Can express feelings of anxiety and fear</li> </ul>	
	<b>5</b>	<ul style="list-style-type: none"> <li>Jigsaw: Know that the lives of children around the world are</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know some of the strategies to</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know that they and all children</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Can identify their own wants and needs and how they</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know that different family</li> </ul>





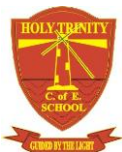
		different to theirs <ul style="list-style-type: none"> <li>World Autism Day</li> </ul>	stay safe online <ul style="list-style-type: none"> <li>Jigsaw: Know how to access help if they are worried about something online</li> </ul>	have rights	might be different to their friends	members carry out different roles <ul style="list-style-type: none"> <li>Jigsaw: Know some of the skills of friendship</li> </ul>
	6				<ul style="list-style-type: none"> <li>Jigsaw: Know that lots of changes occur in from birth to being fully grown</li> <li>Jigsaw: I understand how babies grow and what they need to live</li> </ul>	
<b>Year group</b>	<b>Term</b>	<b>Tolerance</b>	<b>E-Safety</b>	<b>Keeping safe</b>	<b>Keeping healthy</b>	<b>RSE</b>
					<ul style="list-style-type: none"> <li>(Including mental health/ wellbeing)</li> </ul>	



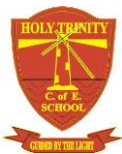
<b>4</b>	<b>1</b>	<ul style="list-style-type: none"> <li>Jigsaw: Can make others feel cared for and welcomed</li> </ul>	<ul style="list-style-type: none"> <li>Anti- bullying</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know that I have a voice</li> <li>Jigsaw: Be able to help friends make positive and safe choices</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Identify the feelings of being included or excluded</li> <li>Jigsaw: Know how to regulate my emotions</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know how to work together to reach a consensus</li> </ul>
	<b>2</b>	<ul style="list-style-type: none"> <li>Anti-bullying week</li> <li>Christmas nativity and Christingle service</li> <li>Jigsaw: Know that sometimes people make assumptions about people based on the way they look</li> <li>Jigsaw: Accept people for the who they are</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Cyber bullying. Know that some forms of bullying are harder to identify</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Solve it together technique to practise conflict and bullying scenarios</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: To be comfortable with the way that I look</li> </ul>	



	<b>3</b>		<ul style="list-style-type: none"><li>E-safety day</li></ul>		<ul style="list-style-type: none"><li>Burps, bottoms and bile: Dental surgery visit: Oral health</li><li>Burps, bottoms and bile: Know the characteristics of an unhealthy diet and the risks associated with it</li><li>Burps, bottoms and bile: Know about personal hygiene and germs</li><li>Burps, bottoms and bile: Know that mental wellbeing is important and simple self-care techniques</li><li>Jigsaw: Can identify the</li></ul>	<ul style="list-style-type: none"><li>Jigsaw: Know how to work successfully as part of a group</li></ul>
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					feelings of disappointment and know how to cope with them	
	<b>4</b>	<ul style="list-style-type: none"> <li>Easter church service</li> </ul>		<ul style="list-style-type: none"> <li>River visit: Water safety</li> <li>Jigsaw: Know the ways to resist peer pressure</li> <li>Jigsaw: Know what they think is right and wrong</li> <li>Jigsaw: To know how to be assertive</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know the effects of smoking on health</li> <li>Jigsaw: Know the effects of alcohol on your health</li> <li>Jigsaw: Identify negative feelings associated with peer pressure</li> </ul>	
	<b>5</b>	<ul style="list-style-type: none"> <li>World Autism Day</li> <li>Jigsaw: Know some reasons why people feel jealous</li> </ul>		<ul style="list-style-type: none"> <li>Jigsaw: Know that sometimes it is better for a friendship to end when it is causing</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know that negative feelings can be experienced with loss</li> <li>Jigsaw: Can suggest strategies</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know that loss is a normal part of a relationship</li> <li>Jigsaw: Can suggest ways</li> </ul>



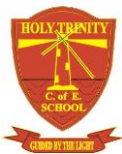
				negative feelings	for managing loss	to manage a relationship such as how to negotiate
	6		<ul style="list-style-type: none"> <li>Online safety: Use of apps and how to respond to pop up adverts</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know who they can speak to if they have any worries about puberty</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Can suggest ways to help manage their feelings during changes they may feel anxious about</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Understand that girls' and boys' bodies need to change at puberty so their body can make babies when they are adults</li> <li>Jigsaw: know some of the outside body changes during puberty</li> <li>Jigsaw: Know some of the changes on the inside</li> </ul>



							that happen during puberty
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**Upper KS2- Years 5 and 6**

Year group	Term	Tolerance	E-Safety	Keeping safe	Keeping healthy (Including mental health/ wellbeing)	RSE
<b>5</b>	<b>1</b>	<ul style="list-style-type: none"> <li>World Peace Day</li> <li>Time traveller: Learn how to listen and respond to a wide range of</li> </ul>		<ul style="list-style-type: none"> <li>Time traveller: Know where to get advice and information about growing and</li> </ul>	<ul style="list-style-type: none"> <li>Time traveller: Know how hygiene routines change during puberty</li> <li>Time traveller: Look at a range</li> </ul>	<ul style="list-style-type: none"> <li>Time traveller: Create a timeline of the changes a human goes through as they grow</li> </ul>



		<p>people</p> <ul style="list-style-type: none"> <li>• Time traveller: Know the importance of respecting people, even when they are different to themselves</li> <li>• Time traveller: visit from a retired person</li> <li>• Jigsaw: Show empathy for people whose lives are different to their own</li> </ul>		<p>changing</p> <ul style="list-style-type: none"> <li>• Jigsaw: Understand the rights and responsibilities associated with being a citizen</li> </ul>	<p>of toiletries available for keeping clean and hygienic</p> <ul style="list-style-type: none"> <li>• Time traveller: Learn about change and loss including death</li> <li>• Time traveller: How can I express feelings of grief and bereavement?</li> <li>• Jigsaw: Know how to regulate my emotions</li> </ul>	<ul style="list-style-type: none"> <li>• Time traveller: Find out about puberty, why it happens and the changes that occur</li> <li>• Time traveller: Know that my personal behaviour can affect other people</li> </ul>
	<b>2</b>	<ul style="list-style-type: none"> <li>• Christmas carol and Christingle service</li> <li>• Anti-bullying week</li> <li>• Jigsaw: Know</li> </ul>		<ul style="list-style-type: none"> <li>• Pharos: What is right and wrong?</li> <li>• Jigsaw: Know where to get external</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw: appreciate the value of happiness regardless of material wealth</li> </ul>	



what racism is and why it is unacceptable

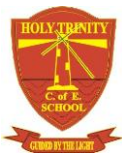
- Jigsaw: Know that differences in culture can cause conflict
- Jigsaw: Know that their life is different to the lives of children in the developing world
- Identify their own attitudes about people from different faith and cultural backgrounds
- Jigsaw: develop respect for cultures different to their

support for bullying e.g., ChildLine

- Jigsaw: Know that a rumour is a form of bullying

- Jigsaw: Develop strategies to cope with the feelings associated with bullying

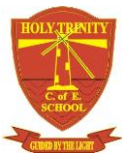




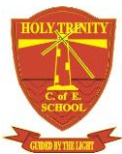
		own				
	<b>3</b>	<ul style="list-style-type: none"> <li>Jigsaw: Know that people from different cultures may have different dreams and goals</li> <li>Jigsaw: Communicating with someone from a different culture can help us to learn something new</li> </ul>	<ul style="list-style-type: none"> <li>E-safety day</li> <li>Scream machine: Know how to search through information safely</li> <li>Scream machine: Know how information and data is used and shared online</li> </ul>			
	<b>4</b>	<ul style="list-style-type: none"> <li>Easter church service</li> </ul>		<ul style="list-style-type: none"> <li>Jigsaw: Know how to get help in emergency situations and strategies to stay calm</li> <li>Jigsaw: Know</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know basic emergency procedures e.g., the recovery position</li> <li>Jigsaw: Know that the media promotes certain body types</li> </ul>	



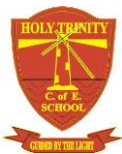
				<p>some of the risks of misusing alcohol</p> <ul style="list-style-type: none"> <li>Jigsaw: Recognise strategies to resist pressure</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know the different roles food can play in people’s lives and how eating disorders can develop</li> <li>Jigsaw: Know what makes a healthy lifestyle</li> <li>Jigsaw: Respect and value their own body</li> </ul>	
	5	<ul style="list-style-type: none"> <li>World Autism Day</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know that there are rights and responsibilities in an online community and when playing online games</li> <li>Jigsaw: Know when an online community</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know how to stay safe when using technology to communicate with friends</li> <li>Jigsaw: Know when an online game is safe or</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know that too much screen time is unhealthy</li> </ul>	



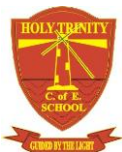
			feels too risky <ul style="list-style-type: none"><li>Jigsaw: Know how to report unsafe online/ social network activity</li></ul>	unsafe <ul style="list-style-type: none"><li>Jigsaw: Know strategies for managing pressures online and social networks</li></ul>		
	6			<ul style="list-style-type: none"><li>Jigsaw: How can I ask questions about puberty to seek clarification</li></ul>	<ul style="list-style-type: none"><li>Jigsaw: I am aware of my own self-image and how my body fits into that</li><li>Jigsaw: Understand the importance of looking after yourself physically and emotionally</li><li>Jigsaw: Can suggest ways to boost their self esteem</li></ul>	<ul style="list-style-type: none"><li>Jigsaw: Know how a girls and boys body changes during puberty</li><li>Jigsaw: becoming a teenager involves changes and growing responsibility</li></ul>



Year group	Term	Tolerance	E-Safety	Keeping safe	Keeping healthy (Including mental health/ wellbeing)	RSE
6	1	<ul style="list-style-type: none"> <li>World Peace Day</li> <li>Jigsaw = Know about the lives of children from around the world</li> </ul>	<ul style="list-style-type: none"> <li>Impact of online communication and anti-bullying</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know the universal rights of a child</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Know their own wants and needs</li> <li>Jigsaw: Know how to regulate my own emotions</li> </ul>	
	2	<ul style="list-style-type: none"> <li>Anti-bullying week</li> <li>Carol and Christingle service</li> <li>Hola Mexico: Explore Mexican festivals and celebrations</li> <li>Jigsaw: Know that difference can be a source of celebration as</li> </ul>		<ul style="list-style-type: none"> <li>Jigsaw: Know that people can hold power over others</li> <li>Jigsaw: Know that power can play a part in bullying</li> </ul>	<ul style="list-style-type: none"> <li>Hola Mexico (Mexican foods): Know the principles of planning and preparing a range of healthy meals</li> <li>Jigsaw: Know that there are different perceptions of 'being normal'</li> <li>Jigsaw: Identify</li> </ul>	<ul style="list-style-type: none"> <li>Jigsaw: Be able to recognise when someone to exerting power negatively in a relationship</li> </ul>



		<p>well as conflict</p> <ul style="list-style-type: none"><li>• Jigsaw: Know that people with disabilities can lead amazing lives</li><li>• Jigsaw: Be able to vocalise their feelings on discrimination and prejudice</li></ul>			feelings of being excluded	
	<b>3</b>	<ul style="list-style-type: none"><li>• Jigsaw: Empathise with people who are suffering or living in difficult situations</li></ul>	<ul style="list-style-type: none"><li>• E-safety day</li></ul>			
	<b>4</b>	<ul style="list-style-type: none"><li>• Easter service</li></ul>	<ul style="list-style-type: none"><li>• Online safety-search engines and making appropriate searches</li></ul>	<ul style="list-style-type: none"><li>• Frozen kingdom: learn to recognise that human rights are there to protect</li></ul>	<ul style="list-style-type: none"><li>• Frozen kingdom: Explain the impact of positive and negative lifestyle choices on the body</li></ul>	



				<p>everyone</p> <ul style="list-style-type: none"> <li>• Know about different types of drugs, their uses and how they can affect their body</li> <li>• Jigsaw: Know that some people can be exploited and made to do things that are against the law</li> <li>• Jigsaw: Know why some people join gangs and the risks this can involve</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw: Know how to take responsibility for their own health</li> <li>• Jigsaw: Know what it means to be emotionally well</li> <li>• Jigsaw: Know how to make choices that benefit their own health and wellbeing</li> <li>• Jigsaw: Know how stress can be triggered by a range of things</li> </ul>	
	<b>5</b>	<ul style="list-style-type: none"> <li>• World Autism</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw: Know some of the</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw: Know who can help</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw: Know that it is</li> </ul>	<ul style="list-style-type: none"> <li>• Revolution: Know steps</li> </ul>



		Day	dangers of being online <ul style="list-style-type: none"><li>Jigsaw: Know how to use technology safely to communicate with friends and family</li></ul>	them if they are worried about their mental health <ul style="list-style-type: none"><li>Jigsaw: Demonstrate ways they can stand up for themselves</li><li>Jigsaw: Can resist pressure to do something online that might hurt themselves or others</li></ul>	important to take care of our mental health <ul style="list-style-type: none"><li>Jigsaw: Know that some people experience problems with their mental health</li><li>Jigsaw: Know the stages of grief and that there are different types of loss</li><li>Jigsaw: Can take responsibility for their own wellbeing and safety</li></ul>	they can take to improve or support meaningful relationships
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6

- Consent: I understand how respect for one and other is essential in a boyfriend and girlfriend relationship. Should not feel pressured into doing anything I do not want to do
- Jigsaw: Know the importance of self-esteem and how to develop it
- Jigsaw: How do I look after my changing body?
- Transition to secondary school
- Jigsaw: Puberty in boys and girls
- Jigsaw: Know that sexual intercourse can lead to conception
- Jigsaw: Know a baby develops from conception to birth and how it is born
- Jigsaw: Physical attraction