

Week 1 - Week beginning 19/02/18	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Mains	Butchers Cheeseburger in a Bap (G,D,A)	Pasta Choice (G) (Tomato(C,Y) or Cheese Sauce (D,C,Y))	Roast Chicken with stuffing & Gravy (C,G,S)	Roots to Food Beef, Honey & Orange Meatballs with tomato Sauce (C,Y)	Cod Fish Fingers (F,G) Red Onion and Sweet Potato Tart (G,D)	
	Vegetarian Burger in a Bap (G,A,C,E)		Veggie Sausage in a Pastry Blanket (G,S,Y)	Vegetarian Hotpot (G,M,D)		
	Filled Jacket potato with Cheese/tuna/beans	Filled Jacket potato Cheese/tuna/beans	Filled Jacket potato	Filled Jacket potato	Filled Jacket potato	
	Sides	Homemade Jacket Wedges	Garlic Bread (G,D*,S)	Roast or Boiled Potatoes	Noodles (G)	Chipped Potatoes or Half a Jacket Potato
		Broccoli	Sweetcorn	Fresh Spring Cabbage	Broccoli	Peas
Desserts	Baked Beans	Salad Bar	Carrots	Cauliflower Florets	Coleslaw (E,M)	
	Fruit Flapjack (G,Y) with Milk Shake (D)	Carrot Cake with Frosting (G,E)	Iced Sponge (G,E) Fruit Jelly	Fruit Mousse (D)	Shortbread Biscuit (G) Fruit Juice	
	Fresh Fruit or Yoghurt (D)	Fresh Fruit or Yoghurt (D)	Fresh Fruit or Yoghurt (D)	Fresh Fruit or Yoghurt (D)	Fresh Fruit or Yoghurt (D)	
Available Daily-	Low fat Milk(D), Homemade Bread(G,D*S,E*), Fruit Pots, Yoghurts(D), Chilled Water					